

Michigan AFL-CIO Strategy for the Unemployed

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A Snapshot of the Unemployed



The Loss

60% of the unemployed got no notice — they were let go on the spot.
55% of the unemployed are jobless for the first time in the last five years.

Money

84% got no severance pay.
63% have used savings/retirement money.
56% are without unemployment insurance.
56% have had to borrow money from family or friends.
53% are without health insurance.
34% have increased their credit card debt.
25% missed a mortgage or rent payment.
17% have been forced to move.

Coping

77% say they are stressed.
68% are depressed.
61% feel helpless.
61% have lost sleep.
58% report strain in family relations.
55% are angry.
54% feel hopeless.
52% avoid social situations with friends or acquaintances.

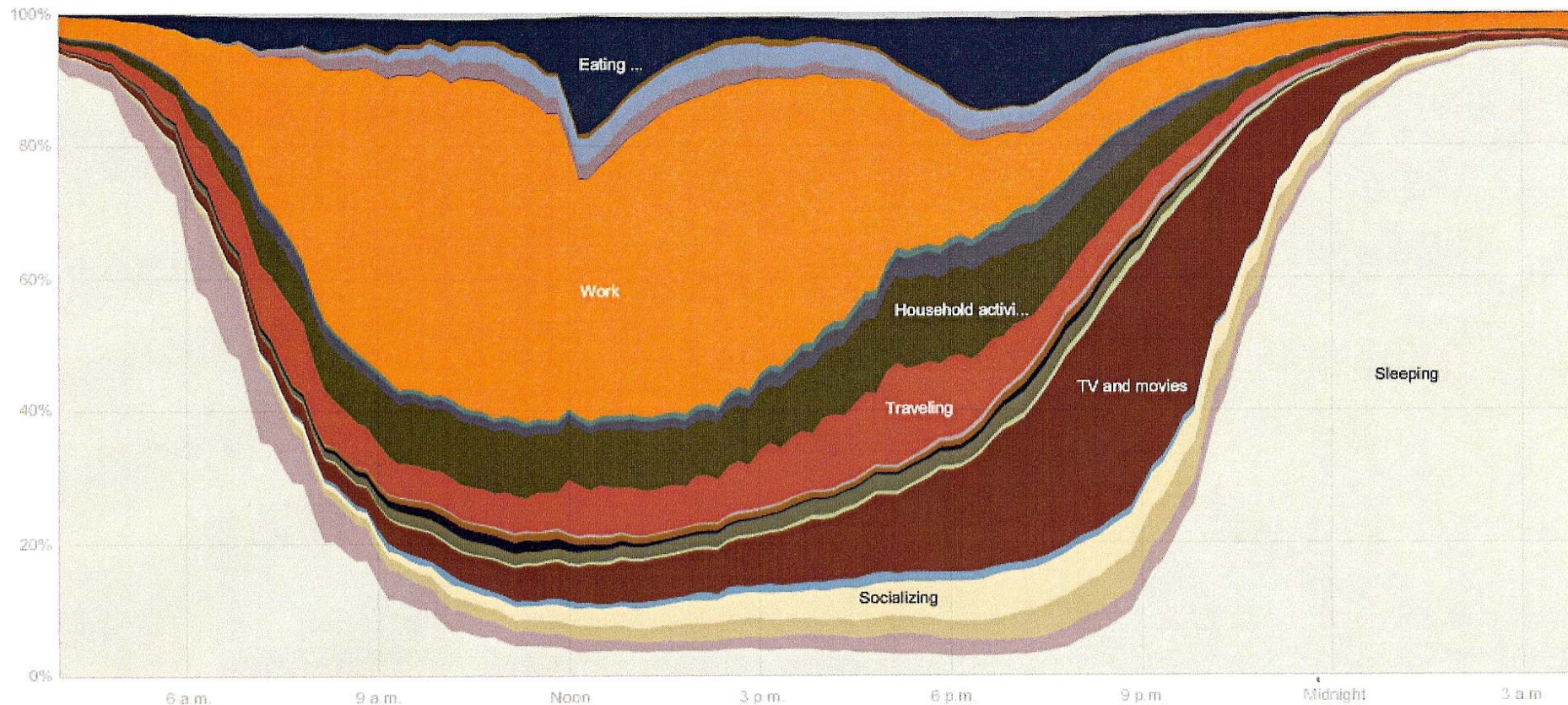
The Future

82% don't think they will have a new job in the next couple of months.
86% do not believe they have a good chance to get their old job back.
47% say they have no chance of that.
75% have to think seriously about changing their field or career.

The employed

At 6 a.m., about 60 percent of employed people are sleeping, compared with more than 80 percent of those who are unemployed.

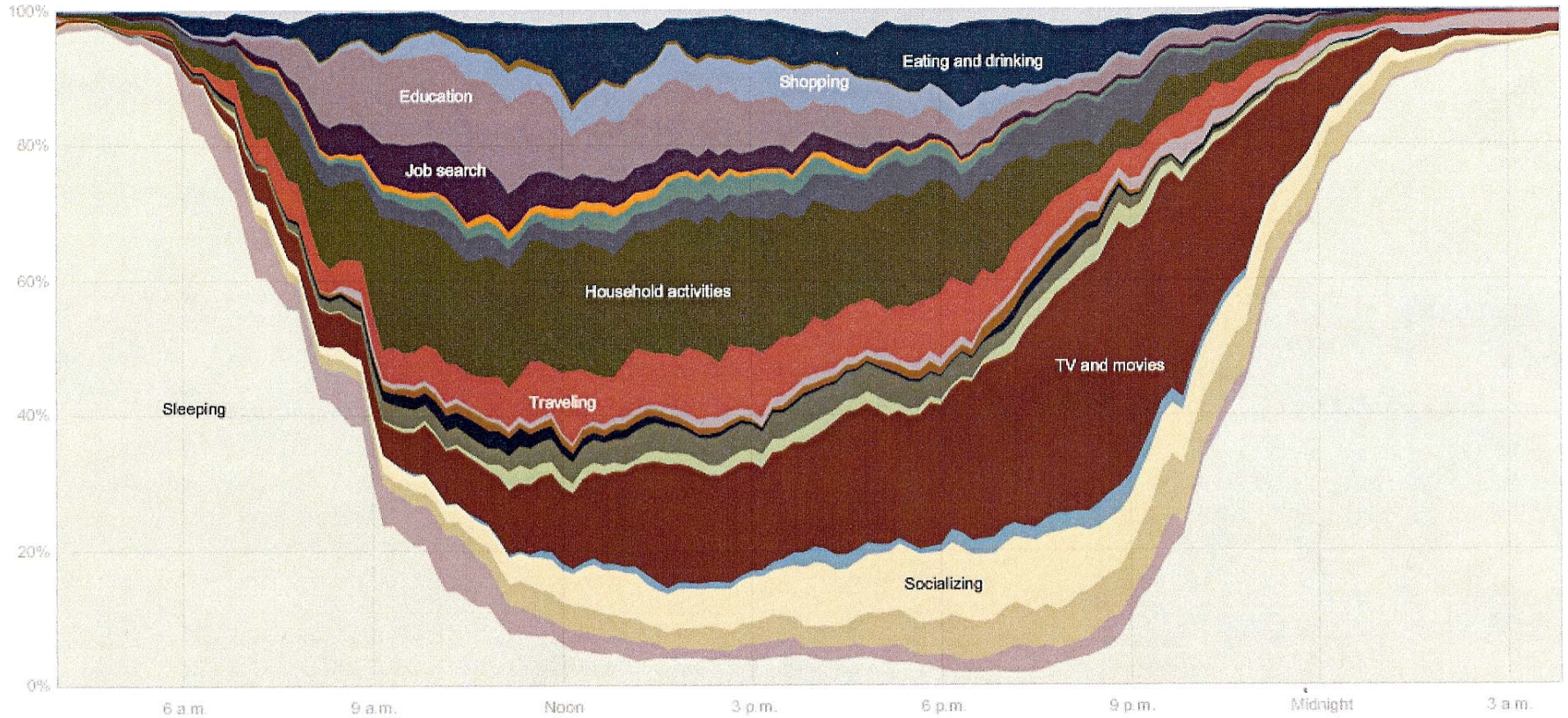
Everyone	Employed	White	Age 15-24	H.S. grads	No children
Men	Unemployed	Black	Age 25-64	Bachelor's	One child
Women	Not in lab...	Hispanic	Age 65+	Advanced	Two+ children



The unemployed

On average, the unemployed spend about a half-hour looking for work. They tidy the house, do laundry and yard work for more than two hours, about an hour more than the employed.

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Who is involved?